

Campus Resource List Holland College

TRANSITIONS
Making the most of your campus experience



Sexual Assault Services:

➔ Charlottetown Police Services:

Website: www.charlottetownpolice.com

Phone Number: 911 or 902-629-4172 for non emergency

➔ PEI Rape and Sexual Assault Centre:

Website: <http://www.peirsac.org/>

Phone Number: 902-566-1864 or counseling service 1-888-368-8055 or 902-368-8055

Email: admin@peirsac.org

Student Disability Services:

➔ Holland College Student Support Services:

Website: <http://www.hollandcollege.com/future-students/counselling-services/>

Phone Number: 902-629-4237

Email: vcrane@hollandcollege.com

➔ PEI Council of People with Disabilities:

Website: <http://www.peicod.pe.ca/>

Phone Number: 1-888-473-4263 or 902-892-9149

Email: peicod@peicod.pe.ca

Student Health Clinic(s):

➔ Holland College Health Clinic - Leif Christensen, NP:

Website: www.hcsu.ca

Phone Number: 902-566-9630

Email: vcrane@hollandcollege.com

➔ Holland College - Health Clinic - Lynn Fraser, NP:

Website: www.hcsu.ca

Phone Number: 902-566-9630

Email: vcrane@hollandcollege.com

*Note: This is an on-campus clinic

➔ Tele-Health PEI:

Website: <https://www.princeedwardisland.ca/en/information/health-pe/811-telehealth>

Phone Number: 811

*Note: Speak to a nurse for non-urgent medical conditions

➔ PEI Walk-In Clinics:

Website: <https://www.princeedwardisland.ca/en/information/health-pe/walk-clinics>

*Note: For non-urgent care

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Student Counselling Centre:

→ Holland College Counselling Services:

Website: <http://www.hollandcollege.com/future-students/counselling-services/>

Phone Number: Randell Duguid 902-388-7244 or Jill Sabeau 902- 394-5421

*Note: Personal, Academic, Career & Financial Counseling

Academic Support:

→ Holland College Support Services:

Website: <http://www.hollandcollege.com/future-students/counselling-services/>

Phone Number: 902-629-4237

Email: vcrane@hollandcollege.com

→ Holland College Peer Tutoring:

Website: <http://www.hollandcollege.com/future-students/counselling-services/>

Phone Number: 902-629-4237

Email: vcrane@hollandcollege.com

→ Open Academic Studies:

Website: <http://www.hollandcollege.com/programs/Open-Academic-Studies/>

Phone Number: 902-566-9334

Email: jdentremont@hollandcollege.com

*Note: Program changes, switches or exits

Other Key Services:

→ Canadian Mental Health:

Website: www.pei.cmha.ca

Phone Number: 902-566-3034

Email: a.brazil@cmha.pe.ca

→ Aspiria Student Assistance Program:

Website: www.aspiria.ca

Phone Number: 1-877-234-5327

*Note: 24/7 Confidential & Voluntary Counselling

→ Holland College Student Union:

Website: www.hcsu.ca

Phone Number: 902-566-9630

Email: gdgairns@hollandcollege.com

→ Community Mental Health:

Website: <https://www.princeedwardisland.ca/en/information/sante-i-p-e/mental-health-services>

Phone Number: 902-368-4430 or 902-888-8180

→ Island Helpline:

Website: <http://www.theislandhelpline.com/>

Phone Number: 1-800-218-2885

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➔ **The Upper Room Hospitality:**

Website: http://www.urhm.org/food_bank.html

Phone Number: 902-892-1995

Email: upper_room@pei.sympatico.ca

*Note: PEI's central food bank, serving families in need

➔ **Catholic Family Services Bureau:**

Website: <http://www.catholicfamilyservicesbureau.com/>

Phone Number: 902-894-3515

Email: admin@catholicfamilyservicesbureau.com

*Note: Counselling, Parenting programs, Substance abuse programs, Music therapy, Mediation

➔ **Family Service PEI:**

Website: <http://fspei.ca/>

Phone Number: 866-892-2441

*Note: Group, Credit and therapeutic counselling services. Debt repayment, & workplace wellness

➔ **Women's Wellness Program:**

Website: <https://www.princeedwardisland.ca/en/information/health-pei/womens-wellness-program>

Phone Number: 1-844-365-8258

*Note: Sexual health services for individuals of all genders, orientations and ages.

➔ **Provincial Addictions Centre:**

Website: <https://www.princeedwardisland.ca/en/information/sante-i-p-e/addiction-services>

Phone Number: 1-888-299-8399