

The Elementary Mental Health Literacy Resource (EMHLR) Quick Links Roadmap

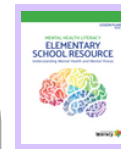


Check out the [EMHLR](#)

pswd: childh3alth

Read Book 1!

(this contains the key knowledge needed to confidently deliver the resource)



Review Lesson Plans & Alternative Activities

(for in-person, online and hybrid delivery)

Watch a [Classroom Demonstration Video](#) of Lesson 1



Explore Curricular Connections with our

Cross-Canada Interactive Map

Download the Resource

(slide decks, student activity sheets, etc.)



For Interactive Elements, see [Appendix E](#) for How To Download the Digital Resources

Have a Plan

if Sensitive Topics Arise in the Classroom



Access the [6 Modules](#)

[Email Us](#) with your Feedback and Ideas



Have Fun!
(no link here - you've got this!)

